

DITCH THE **workout**



JOIN THE  
**party™**

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<sup>k</sup> Sponsored Zumbathon in support of Hammer Out

**Saturday 4<sup>th</sup> June 2011**

Session One – 10am – 12pm

Session Two – 12.15 pm – 2.15pm

**Thornbury Leisure Centre**

**£20 to Register – Raise over £50 and entry is Free!**

All proceeds to  
**Hammer Out Brain Tumours**

Registered Charity Number 1102750



To Register, please contact Joanna Ebbs, Community Fundraiser, Hammer Out Brain Tumours  
Telephone – 01454 414355 or E-mail: [fundraising@hammerout.co.uk](mailto:fundraising@hammerout.co.uk)